

# WORK TO END HOMELESSNESS & RAISE AWARENESS

## 30 DAY CHALLENGE

The Greater Cincinnati Homeless Coalition works day in and day out, 365 days a year to end homelessness. But we can't do it alone. It takes a community of committed individuals like YOU. So help us by taking the 30 day challenge because:

YOU CAN

MAKE A

DIFFERENCE

HOW:

- GET A JOURNAL OR START A BLOG
- FIND AN OLD JAR WITH A LID AND LABEL IT.
- PLAN A START DATE.
- EACH DAY DO THE ACTIVITY LISTED.
- AT THE END OF THE MONTH DONATE THE CHANGE YOU COLLECTED TO: THE HOMELESS COALITION  
113 E. 12TH STREET  
CINCINNATI, OH 45202



DAY 1

People experiencing homelessness often have difficulty accessing clean and safe water. Place a dime in your jar for every faucet in your home.



DAY 2

People become homeless for different reasons. Go to [cincihomeless.org](http://cincihomeless.org) & read Tommy Thompson's story about his experiences being homeless on the street. Write your thoughts down in your journal.

DAY 3

People experiencing homelessness usually have no form of reliable transportation. Place a quarter in your jar for every vehicle in your home.



DAY 4

There are over 800,000 people who are homeless on the streets each night in America. Journal Entry: How would you feel if you had no place to go tonight?

DAY 5

Homeless youth struggle with having access to technology to complete their homework and are usually 2-3 years behind their peers in academics. Place a quarter in your jar for every device with internet access in your home



DAY 10

Basic rights: every person has the right water. Place a penny in your jar for every glass of water drank in your household today.



DAY 9

Go to [streetnewsservice.org](http://streetnewsservice.org) and read a recent International article on homelessness. Respond in your journal.

DAY 8

DID YOU KNOW? Anyone working full-time at minimum wage in the US cannot afford a two-bedroom market-rate apartment. Journal about what this means

DAY 7

RAISE AWARENESS: share something you learned this week

DAY 6

Unaccompanied Youth: a youth not in the physical custody of a parent Go to [cincihomeless.org](http://cincihomeless.org) and read Lauren Lovette's story about her experience with homelessness. Write your thoughts down in your journal.

DAY 11

People struggling with homelessness often lack a comfortable and private place to sleep. They do not have the ability to get a good night's rest and are often woken up during the night. Place a quarter in your jar for every bed in your home.



DAY 12

People experiencing homelessness often lack access to bathrooms. Place a quarter in your jar for every toilet in your home.



DAY 13

Go to [streetnewsservice.org](http://streetnewsservice.org) and read a recent national article on homelessness. Respond in your journal.

DAY 14

EDUCATE: teach someone something you learned this week

DAY 15

People who are homeless struggle to keep their clothing clean. Place a dime in your jar for every load of laundry completed in your home this week.

DAY 20

Those experiencing homelessness lack safety. Between 1990 and 2010, over 1,184 documented hate crimes against homeless persons were reported in the US. Place a dime in your jar for every lock in your home

DAY 19

People experiencing homelessness are often stereotyped, labeled and judged. Place 50 cents in your jar if you have ever judged someone at first-glance.

DAY 18

Basic rights: every person has the right food. Place a dime in your jar for every meal you ate today.

DAY 17

Go to [cincihomeless.org](http://cincihomeless.org) and read Deborah Poindexter's story and her experiences being homeless and trying to find work. Write your thoughts down in your journal

DAY 16

People experiencing homelessness lack access to showers. Place a quarter in your jar for every shower taken in your household today.

DAY 21

RAISE AWARENESS: share something you learned this week

DAY 22

People experiencing homelessness often lack the means to prepare a meal. Place a dime in your jar for every kitchen appliance in your home that helps you prepare food.

DAY 23

DID YOU KNOW? The average age of a homeless person in the U.S. is nine years old. Place a dollar in your jar if you have a nine year old in your family.

DAY 24

In 2010, in the city of Cincinnati, 32.5% of individuals did not have health insurance. Place a \$1.00 in your jar if your family has health insurance.

DAY 25

We have the responsibility to stand up for the rights of others. Locate one local organization working to end homelessness. How can you support this organization?

DAY 30

BE AN ADVOCATE! Take a picture of yourself completing one of these tasks. Post it on Facebook and share it with us!

DAY 29

People without homes have to walk long distances. Shoes wear out quickly. For every pair of shoes you own, place a dime in your jar.

DAY 28

From 2005-2011, the number of children identified as "doubled up" rose by 192%. Place 50 cents in your jar if you have your own bedroom.

DAY 27

EDUCATE: teach someone something you learned this week

DAY 26

Find a recent local article on homelessness. Respond in your journal.



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**HOMELESS COALITION**  
CINCIEHOMELESS.ORG