

# WORK TO END HOMELESSNESS & RAISE AWARENESS

## 30 DAY CHALLENGE

**DAY 1**

People experiencing homelessness often have difficulty accessing clean and safe water. Place a dime in your jar for every faucet in your home.

**DAY 10**

Basic rights: every person has the right to water. Place a penny in your jar for every glass of water drank in your household today.

**DAY 11**

People struggling with homelessness often lack a comfortable and private place to sleep. They do not have the ability to get a good night's rest and are often woken up during the night. Place a quarter in your jar for every bed in your home.

**DAY 20**

Those experiencing homelessness lack safety. Between 1990 and 2010, over 1,184 documented hate crimes against homeless persons were reported in the US. Place a dime in your jar for every lock in your home

**DAY 21**

**RAISE AWARENESS:** share something you learned this week

**DAY 2**

People become homeless for different reasons. Go to [cincihomeless.org](http://cincihomeless.org) & read Tommy Thompson's story about his experiences being homeless on the street. Write your thoughts down in your journal.

**DAY 12**

People experiencing homelessness often lack access to bathrooms. Place a quarter in your jar for every toilet in your home.

**DAY 19**

People experiencing homelessness are often stereotyped, labeled and judged. Place 50 cents in your jar if you have ever judged someone at first-glance.

**DAY 22**

People experiencing homelessness often lack the means to prepare a meal. Place a dime in your jar for every kitchen appliance in your home that helps you prepare food.

**DAY 30**

**BE AN ADVOCATE!** Take a picture of yourself completing one of these tasks. Post it on Facebook and share it with us!

The Greater Cincinnati Homeless Coalition works day in and day out, 365 days a year to end homelessness. But we can't do it alone. It takes a community of committed individuals like YOU. So help us by taking the 30 day challenge because:

**YOU CAN**

**MAKE A**

**DIFFERENCE**

**DAY 3**

People experiencing homelessness usually have no form of reliable transportation. Place a quarter in your jar for every vehicle in your home.

**HOW:**

- GET A JOURNAL OR START A BLOG
- FIND AN OLD JAR WITH A LID AND LABEL IT.
- PLAN A START DATE.
- EACH DAY DO THE ACTIVITY LISTED.
- AT THE END OF THE MONTH DONATE THE CHANGE YOU COLLECTED TO: THE HOMELESS COALITION 113 E. 12TH STREET CINCINNATI, OH 45202

**DAY 4**

There are over 800,000 people who are homeless on the streets each night in America. Journal Entry: How would you feel if you had no place to go tonight?

**DAY 5**

Homeless youth struggle with having access to technology to complete their homework and are usually 2-3 years behind their peers in academics. Place a quarter in your jar for every device with internet access in your home

**DAY 6**

Unaccompanied Youth: a youth not in the physical custody of a parent. Go to [cincihomeless.org](http://cincihomeless.org) and read Lauren Lovette's story about her experience with homelessness. Write your thoughts down in your journal

**DAY 15**

People who are homeless struggle to keep their clothing clean. Place a dime in your jar for every load of laundry completed in your home this week.

**DAY 17**

**EDUCATE:** teach someone something you learned this week

**DAY 18**

Basic rights: every person has the right to food. Place a dime in your jar for every meal you ate today.

**DAY 24**

In 2010, in the city of Cincinnati, 32.5% of individuals did not have health insurance. Place a \$1.00 in your jar if your family has health insurance.

**DAY 25**

We have the responsibility to stand up for the rights of others. Locate one local organization working to end homelessness. How can you support this organization?

**DAY 28**

From 2005-2011 the number of children identified as "doubled up" rose by 192%. Place 50 cents in your jar if you have your own bedroom.

**DAY 27**

**EDUCATE:** teach someone something you learned this week

**DAY 26**

**Find a recent local article on homelessness. Respond in your journal.**

